

# Supported Decision Making

## Practice Framework

### GUIDING FRAMEWORK

This framework aims to guide best practice in the process of supported decision making. It upholds the person's right to make their own decisions and build their abilities. The framework is not rigid. Decision making is rarely straight forward and flexibility is required.



The person is always at the centre of their decisions and supporters build on their strengths. They should seek to know the person and their important relationships. The decision making process can be guided by a series of steps and working through challenges and strategies with supporters. Support for decision making occurs within a context of broader human rights and reforms.

© State of New South Wales through the Department of Justice 2017. You may freely deal with this work for any purpose, other than for profit. This document has been prepared for general information purposes. This factsheet is available on our website [www.publicguardian.justice.nsw.gov.au](http://www.publicguardian.justice.nsw.gov.au) or in alternative formats. Contact the Public Guardian for more information.